TATTOO CARE

Recommended skincare products

- pH-neutral soap
- Hustle Butter Deluxe®

Before your appointment

- Avoid intense sunbathing 2 weeks before your appointment
    - Sunburn and skin irritations can affect
      the outcome of the tattoo
- Use a moisturizing lotion one week before your appointment
- Consciously increase your water intake
  one week before your appointment
    - This ensures that your skin is perfectly hydrated
      on the day of the appointment

At your appointment

- Try to be well-rested and refreshed
- On the morning of your appointment, make sure
  to drink enough water and have a good meal
    - Feel free to bring a snack with you to your appointment
- Wear a comfortable outfit that makes you feel at ease

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After your tattoo appointment

- Avoid working out while wearing the second-skin plaster

- Remove the second-skin plaster after 3 days
  and wash your tattoo gently but thoroughly
  with pH-neutral soap. Allow it to air-dry
  or pat it dry with a paper towel

- Leave your tattoo untouched for the next 1-2 days
    - Wash it only 1-2 times daily

- Apply a **thin** layer of Hustle Butter Deluxe®
  to your fresh tattoo twice a day
    - Continue this routine for the next 6-8 weeks
    - Tip: always wash your tattoo with pH-neutral soap before
        reapplying during the initial weeks

- Wear loose and breathable clothing
  that won't rub or scratch the tattoo

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For the next 6-8 weeks, be sure to avoid:

! Excessive water exposure and prolonged showers
! Bathing
! Swimming
! Saltwater and chlorinated water
! Saunas
! Tanning beds
! Direct sunlight
! Intense physical workouts
! Scratching and mechanical friction
! Use of other skincare products on the tattoo

After 6-8 weeks

- Always apply SPF 50+ sunscreen lotion on your tattoo
  when exposed to the sun

Good to know

- During the healing process, redness, swelling,
  and itching may occur
- This is a normal part of the process
  and should gradually recede over time
- If you have any further questions about care,
  please don't hesitate to email me!

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